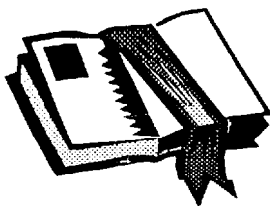


**PRAY FOR  
THE SICK**



**Anniversaries:**

Elizabeth Browne, Joseph Byrne, Eleanor Kilroy, Anne O'Gara, Mary Butler, Stanley Desborough, Sister Priscilla Sheehan, Irene Boyle, Frank Fuscoe, Pauline Walker, Carmel Cork, Elsie Gerrett, Isabella Kingswood, Margaret Pfeiffer, Mary Ryder, Agnes Simmons, Eileen Went, Patrick Mahoney, Sister Brigid Nugent, Fr Benedict O'Halloran OFM, Nancy Cunningham, Irene De Freitas, Cecilia Fernandez, Leslie Harriss, Ellen McMurdoch, Georgia Perera, Billy Yip, Annie Bartley, Joan Collins, Gerald Vassallo, Winnie Wilcox, Gabriel Arcanjo Noronha, Kate Burke.

**Join CAFOD's Big Lent Walk in the Jubilee Year**

You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope.

Sign up here: <https://walk.cafod.org.uk/>

**SUNDAY MASSES**

1st Mass: 6pm Saturday;  
8.30am; 10am & 11.30am Sunday  
(The 11.30am Mass is recorded)



*Join us for tea/coffee after  
Sunday Mass in the Becket  
Centre*

10am Chigwell Convent

**WEEKDAY MASSES**

10am St Thomas'  
9.30am Chigwell Convent except on  
Saturday's when mass takes place at  
10am

**CONFESSIONS**

Saturdays 10.30 to 11am  
and  
5.15 to 5.45 pm

**BAPTISMS**

1st and 3rd Sundays  
of the month

**CAFOD  
Lent Fast Day  
14th March**

In this jubilee year, we invite you to be a pilgrim of hope and to donate to CAFOD's Family Fast Day. You will be supporting communities suffering the impacts of war, poverty and climate change to find solutions and hope. You can use the CAFOD envelope by sending it to them or making a donation on-line at [cafod.org.uk](http://cafod.org.uk)

**Companions meeting**

Will take place at Chigwell Convent on  
10th March. All welcome



**ST THOMAS OF CANTERBURY**

Woodford Green

A FAIRTRADE PARISH

Parish Office: 020 8504 1686

Friary: 020 8504 1688

Email: [parishoffice@stthomaswoodford.org](mailto:parishoffice@stthomaswoodford.org)



Website: [www.stthomaswoodford.org](http://www.stthomaswoodford.org)

Facebook: @STOCWoodford

Twitter: @STOCWoodford



**First Sunday in Lent ( C )  
9th March 2025**

Please note the nearest Fire Exit to you whilst you are in the Church

**First Reading** Deuteronomy 26:4-10

We are to walk in the ways of God and listen to God's voice.

**Second Reading** Romans 10:8-13

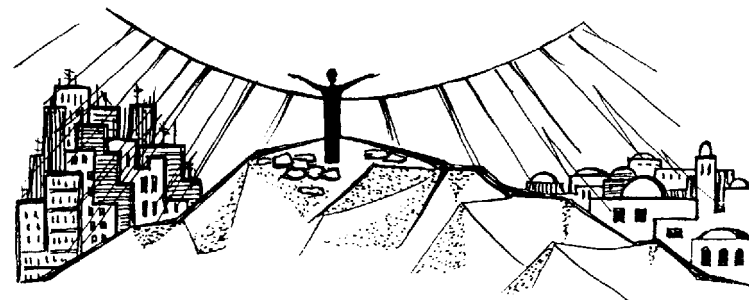
Paul says that everyone who calls on the name of the Lord will be saved.

**Gospel** Luke 4:1-13

Jesus, like Moses before him, retreats into the wilderness, where he fasts for forty days and rejects the temptations put before him.

**Responsorial Psalm**

Be with me, O  
Lord, in my  
distress



**Reminder  
Stations of the Cross  
Each Friday at 7.30pm  
Please come along and join us**



## POPE FRANCIS MESSAGE FOR LENT 2025

*Dear brothers and sisters,*

First of all, *to journey*. The Jubilee motto, “**Pilgrims of Hope**”, evokes the lengthy journey of the people of Israel to the Promised Land, as recounted in the Book of Exodus. This arduous path from slavery to freedom was willed and guided by the Lord, who loves his people and remains ever faithful to them. It is hard to think of the biblical exodus without also thinking of those of our brothers and sisters who in our own day are fleeing situations of misery and violence in search of a better life for themselves and their loved ones. A first call to conversion thus comes from the realization that all of us are pilgrims in this life; each of us is invited to stop and ask how our lives reflect this fact. Am I really on a journey, or am I standing still, not moving, either immobilized by fear and hopelessness or reluctant to move out of my comfort zone? Am I seeking ways to leave behind the occasions of sin and situations that degrade my dignity? It would be a good Lenten exercise for us to compare our daily life with that of some migrant or foreigner, to learn how to sympathize with their experiences and in this way discover what God is asking of us so that we can better advance on our journey to the house of the Father. This would be a good “examination of conscience” for all of us wayfarers.....

*(You can view the full letter on our website)*

## Ecumenical Lenten lunches

The lunches take place each Friday during Lent between 12.15 and 1.30pm in the Becket Centre. Please come and join us for a choice of delicious homemade soups, French bread and butter and tea or coffee, all for just £5. All proceeds go to Mary's Meals, a charity feeding school children in some of the poorest countries in the world.

## Adoration of the Blessed Sacrament Friday 28th March at 6pm to Saturday 29th March at 6pm

We will provide a sacred space in our busy lives to centre ourselves in God, hear His word and pray in quiet meditation. **Sign-up sheets** are available at the back of the church. There are also **prayer cards** for you to complete and post on our prayer board which will be available soon.

## DEACONS

The Church would benefit greatly from having more Deacons. Have you thought about whether you might be interested, either now or for the future? There is a short, informal meeting for anyone who might be interested on **Wednesday 12<sup>th</sup> March**, 7.30pm upstairs in the Becket Centre. There, you will find out what a Deacon does and how one becomes a Deacon.

## Flame 2025

We wish our young people going to the Flame event next weekend at Wembley a safe and joyous time and we look forward to hearing about their experience.



## Mass Intentions

**Sunday 9th March**  
8.30 Paul O'Neill RIP  
10 Mary Ryder anniversary  
11.30 Derek Cooper RIP

**Monday 10th March**  
Kate Burke anniversary  
Mary O'Connor sick

**Tuesday 11th March**  
Sarah O'Donaghue RIP  
Son of Margaret Scott ill

**Wednesday 12th March**  
Intentions Associates of Holy Family  
Joe Malone ill

**Thursday 13th March**  
Mary McKenna anniversary  
Philip Cronin RIP

**Friday 14th March**  
In memory of Micky Devlin  
Bridie Maher RIP

**Saturday 15th March**  
10 C.W.L special  
6 Suzanna Intze-Trak RIP

**Sunday 16th March**  
8.30 Mary Lee anniversary  
10 Mary McKay  
11.30 Brendan & Maura Conaghan RIP

**Church Cleaning**  
**Saturday 15th March 10.30am**  
Rosie O'Connor & Charmaine Turrell

## School Vacancies

**St Joseph the worker**  
• KS1/2 CLASS TEACHER

**Trinity**  
• Teacher of Economics  
• Teacher of French

## Loyola

**Music & Choir Teacher (part time)**

Please visit the relevant schools website for more information

## FABRIC TEAM

**How many parishioners does it take to change a lightbulb?**

The Fabric team needs more members to spread the load of all the fixing and improving needed in such a big church and centre. We save the parish and the friary a lot of money, and it is a satisfying service. If you have any relevant skills and can spare some time, please **email** [fabric@stthomaswoodford.org](mailto:fabric@stthomaswoodford.org)

**Reminder**  
**Diocese Pilgrimage**  
**to Walsingham**  
**24th May 2025**

There is still places available on the Parish pilgrimage to Walsingham. Please let the parish office know if you are interested as soon as possible. A donation of £20 would be welcomed this will go towards the cost of the coach hire.