

## PRAY FOR THE SICK

### Lately Dead:

Mary Carroll  
Canon Christopher Tuckwell

*May they rest in peace*

### Anniversaries:

Joan Bright, Annie LeComte,  
John Mitchell, Dorothy Waight,  
Sister Rose Meehan, Thomas Jolly,  
Sarah (Saidie) Kelly, Mary Luxton,  
Theodorou Maria Belen, Ernest Knox,  
Maria Ludwig, Francis McGahern,  
Patricia Audrey Vassallo, Mary Jellhy,  
Desmond Walsh, Kate Heary.

**St Thomas'**  
**Opening times**  
**with effect from 6th July 2020**

**Monday** Evening Mass at 7pm

**Tuesday** Private prayer 10 to 12 noon

**Wednesday** Mass at 10am

**Thursday** Private prayer 2 to 4pm

**Friday** Evening Mass at 7pm

**Saturday** Mass at 10am  
Private prayer 11 to 12 noon

**Sunday** 10am **streamed** mass only

### Parish Website

To view our parish website go to  
[www.stthomaswoodford.org](http://www.stthomaswoodford.org).

### Live Mass

To view Live Mass go to  
[www.stthomaswoodford.org/watch-mass-live](http://www.stthomaswoodford.org/watch-mass-live).

### Recorded Mass

To watch a mass or other service which has previously been recorded go to <https://www.stthomaswoodford.org/watch-the-mass> Then click 'Watch Mass Online to view Sunday, Easter or Christmas masses Or click 'Special Services' to see other masses, prayer services or events.

### Parish Newsletter

To sign up to receive the parish newsletter online go to <https://www.stthomaswoodford.org/>

Scroll down to the bottom of the page where you will see (on the right hand side) a box headed SUBSCRIBE TO THE PARISH NEWSLETTER

### Parish News

To sign up to receive general parish news please mail [parishoffice@stthomaswoodford.org](mailto:parishoffice@stthomaswoodford.org)



**ST THOMAS OF CANTERBURY**  
Woodford Green

A FAIRTRADE PARISH

Parish Office: 020 8504 1686

Friary: 020 8504 1688

Email: [parishoffice@stthomaswoodford.org](mailto:parishoffice@stthomaswoodford.org)



Website: [www.stthomaswoodford.org](http://www.stthomaswoodford.org)

Facebook: @STOCWoodford

Twitter: @STOCWoodford



## 14th Sunday in Ordinary Time (Cycle A) Sunday 5th July 2020

We are here because the Lord himself has called us. "Come to me," he says, and we have come to him, full of thanksgiving, to celebrate the Eucharist, to worship him and receive his help.

### First Reading

Zechariah 9:9-10

The Messiah's coming makes our hearts and souls rejoice, for he humbles himself to share our life.

### Second Reading

Romans 8:9. 11-13

We are spiritual people who belong to Christ and are filled with his Spirit.

### Gospel

Matthew 11:25-30

The Lord calls us to come to him, that we may find rest for our souls.



After 16 weeks of closed doors St Thomas is cautiously opening so that we can celebrate mass together. This very good news, but it must start – and continue – with caution. The covid 19 virus is still rampant. Our over-riding duty is to keep you and ourselves safe from it. It means that the sharing of mass will be strange, with restrictions that may seem annoying.

First: anyone who has any even incipient signs of possible infection must stay away. Similarly it is recommended that all who are shielding or vulnerable should not come.

Social distancing is imperative. So the capacity of our church will be between 50 and 70. When that number is reached any further comers will have regrettably to be turned away. We have very severe instructions from government and bishops. There is to be no singing, no touching. On arrival you may have to declare your name and address (test and trace). Stewards will direct you to sanitise your hands and then conduct you to a bench. Families may occupy the same bench. Stewards will direct you if you wish to receive communion, and conduct you out when mass is finished. No hymn books of course, and no newsletters, leaflets or any paper. What you bring with you please take away. We have been told to keep it short. Short homilies, no prayer of the faithful.

Stewards will sanitise all surfaces that have been touched immediately after every service and every time the church is open for visits.

Giving communion is a moment when a virus could conceivably be passed on. You are invited to receive communion. If you find it dangerous or are unable to follow these instructions then please simply make a spiritual communion as you have had to do for weeks.

Stewards will conduct you in order. They will start from the front of one side -aisle, and lead you as you are accustomed to the back and then up the middle aisle. There a minister of communion will place the consecrated host on a plate. You will pick this up and place it in your mouth, avoiding contact with the plate as much as possible. Because of distancing, the stewards will lead all from only one side of the church first, and then from the other.

Finally a very practical point. There are NO toilets! Go before you come. We are starting small, in hope of gradually increasing opportunities.

Impossible to provide for all wishing to come on Sunday. So no public mass on Sunday. Streaming at 10am to continue.

Then starting tomorrow 6<sup>th</sup> July: **Mass with you on Monday and Friday at 7pm; Wednesday and Saturday at 10am. The church will open 15 minutes before the start time.**

We are still waiting on further guidance about baptisms, funerals weddings and other celebratory events. Once these are received we will provide an update to parishioners.

## Mass Intentions

### **Sunday 5th July**

People of parish  
Ros Macpherson int  
Ints Machado family

### **Monday 6th July**

Michael McShea Snr anniv  
Veronica Wakely RIP

### **Tuesday 7th July**

Olena Khorvat RIP  
Mary Griffin RIP

### **Wednesday 8th July**

Peter Hayes RIP  
Sr Pierina feast day

### **Thursday 9th July**

George Lebon RIP  
Trinity intentions

### **Friday 10th July**

C.W.L  
Thelma Machado anniv

### **Saturday 11th July**

Astrid Turner RIP

### **Sunday 12th July**

People of Parish  
Stubbings family thanksgiving

## Thank you from Peter Hayes Family

Margaret, David and Michael would like to thank everyone for their prayers and support following the death of their Dad, Peter. We have been comforted by your care and kindness.



**SUNDAY**  
**Join us for Mass on-line**  
**live at 10am**



**Prayer of spiritual communion**  
*(St Alphonsus Liguori)*

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You. Amen