# **Sacramental Preparation**

At Baptism we became members of God's family, sons and daughters of the Father, brothers and sisters of Christ, temples of the Holy Spirit. At Confirmation we take on new responsibilities in the Body of Christ, which is the Church.

Confirmation is the start of your journey to become an adult Christian.

## What is Confirmation?

In Confirmation you are making a personal commitment to the Church and Confirmation has different meanings to different people, for example;

- It's a confirming of what was done on your behalf at Baptism.
- It's a sense of belonging to the Christian community.
- It's a ceremony whereby candidates receive the gifts of the Holy Spirit.
- It provides a setting for a deeper understanding of Christ.
- It's a process in which the candidates are made more aware of Christ working in their lives and through the lives of others around them in every aspect of their lives.

## Confirmation at St. Thomas'

### At what age can I be confirmed?

The Parish invites students registered in the Parish in Year 10 to enrol for Confirmation along with any other member of the Parish who has not been confirmed and is over age of 15.

### How do I enrol on the Programme?

Applications are available during the month of October for next years programme.

#### How long is the Programme?

The Programme consists of 7 sessions, on a Thursday evening from 7.15pm to 9.00pm, a retreat day and the Rite of Acceptance at Brentwood Cathedral, from February to Pentecost week.

#### What do I have to do?

The candidates will need a sponsor. This should be someone who is Catholic, involved in the life of the candidate and is able to support them on their journey through Confirmation. Parents are not eligible to be sponsors of their own child/children.

#### Volunteers

We encourage parents and members of the parish to get involved in the Confirmation by becoming catechists.

The Confirmation Programme is a very popular and successful programme in our Parish and one we are most proud of.